

At the heart of Bhutan



Days: 12

Price from: 3850 EUR
International flight not included

Comfort: ★★★★★

Difficult: ★★★☆☆

🏔️ Hiking 📖 history 🏞️ Mountains
📷 photographic 🎭 Culture

You will be wowed by many of the great sights of Bhutan: great Himalayas, fabulous places, holy monasteries, sacred temples, unspoiled culture, simple traditional lifestyle, deeply Buddhist religion, the charming, welcoming and friendliness of the people – so you’ve come to the right place to immerse yourself a tranquil honeymoon of your life’s most important holiday. “No visit to Bhutan would be considered as complete without a trip to the famous Chimmi Lhakhang (Fertility Temple) esp. for honeymooners...why? Our English-speaking guide will unfold a whole humor to you as you get on nearer to the fertility temple!”

Day 1. Arrival in Paro and transfer to Thimphu



Paro Airport 📍
🚗 65km - ⌚ 1h 50m
Thimphu 📍

- Once our suitcases have been dropped off at the hotel, we begin discovering the wonders of Bhutan by visiting the key attractions of **Thimphu**. After lunch, we reach the **Chorten Memorial** built in homage to Jigme Dorji Wangchuck, then the **Buddha temple** and finally, if the weather permits allows, the **Changangkha Lhakhang temple**, dating from the 15th century. We go to the **Textile Museum** to learn the national art of weaving and end our day at the learning center for Bhutanese artists: the **School of Thirteen Arts and Crafts**.
- In the evening, we have time to explore Thimphu town, handicraft stalls, and the **centenary farmers market**.
- We land at Paro International Airport. On the spot, we find our guide and our driver who drive us in one hour through the valleys of **Paro** and Thimphu towards the capital of Bhutan, **Thimphu**, at an altitude of 2320m.

☕ Breakfast	3 star hotel
🍴 Lunch	Zakhang (traditional restaurant)
🍷 Dinner	3 star hotel
🏠 Accommodation	3 star hotel

Day 2. Hike to Cheri Monastery



Thimphu 📍

- In the morning, we go north to Thimphu Valley (15 km) and enjoy a short 30-45 minute hike to **Cheri Monastery**. This monument built in 1620 by Zhabdrung Ngawang Namgyal is currently an important center of teaching and meditative retreat of the **Drukpa Kagyu of the South** sect.
- We return to Thimphu to visit the **traditional paper factory**. Then we go to **Takin National Reserve** and **Zilukha Nunnery**, a very popular attraction in Bhutan. It is a beautiful place to take pictures, rub shoulders with the nuns and discover their way of life.

☕ Breakfast	3 star hotel
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Day 3. Visit to Administrative and Religious Center



Thimphu 📍
🚗 77km - ⌚ 3h
Punakha 📍

- Arriving in Punakha, we explore the village of Chimmi Lhakhang for a short 45-minute walk that leads us to the **Fertility Temple** built in homage to the *Divine Fool Drukpa Kunley* whose eccentric mores and practices have inspired local folklore. It is here that we will be able to see phallic representations by the thousands!
- In the evening, we visit the beautiful dzong of Punakha, established at the junction of the Pho Chu and Mo Chu rivers. It was in this palace-fortress that the first king was crowned. Not far from the fort, the suspension bridge promises to delight thrill seekers and photography lovers.
- After breakfast, we will drive from Thimphu to Punakha on national highway, which leads from the cold of Thimphu to the hot, almost tropical area of the Punakha Valley. En route, we will stop at Dochula Pass, where you can visit the marvelous 108 stupas and have a coffee break.

Day 4. Historic Dzongkhag



Punakha 📍
🚗 217km - ⌚ 8h 40m
Bumthang 📍

- After lunch you can explore visiting some farm house and handicrafts shops.
- Transfer day to the Bumthang. With an average altitude of 2600m, this region has a special character that charms its visitors and sets it apart from the rest of the country. Made up of the 4 small valleys of Chumey, Choeskhor, Tang and Ura, this **highly spiritual** region is **draped in religious legends**.

Day 5. Full day sight seeing







Bumthang 📍

- After breakfast, we visit the **Tang Ugyencholing Palace** restored in the 19th century and **Tang Valley** on the way.
- In the evening, we visit the **Kurje Lhakhang**, the **Jambay Lhakhang** and the **dzong of Jakar**. We also explore the city of Jakar.





Day 6. Trek through Chamkhar Chu, a river known for trout



Bumthang 

Toktu Zampa 
12km - ⌚ 4h 30m
Ngang Lhakhang 



- This morning we go to Toktu Zampa, the starting point of our **3-day cultural trek in Bumthang**.
- This 1st section of our trek runs along the **Chamkhar Chu** river, renowned for its many trout. We stop at **Thangbi Lhakhang** temple for lunch. From there begins the hike in the **Ngang Yul**, which literally means "the land of the Swan", sheltering in its center, the temple **Ngang Lhakhang**. The valley was once populated by swans, hence its name.

Uphill: 170m Camp altitude: 2720m

 Breakfast	3 star hotel
 Lunch	Made by your team
 Dinner	Made by your team
 Accommodation	tent camping





Day 7. Trek highest point of the route Phephe La (3,360m)



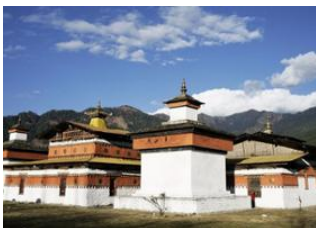
Ngang Lhakhang 
16km - ⌚ 6h
Tahung 

- We start the hike in the green meadows, with a **panoramic view** of the whole valley below. Then we gradually climb to **Phephe La (3360 m)**, the highest point of the route. The route crosses lush forest areas where we expressly make frequent stops to enjoy the **natural beauty of the environment**. The descent serves a vast expanse of valley. Among the many campsites, we choose the one located at the back of the village of **Tahung**.

Uphill: 750m Downhill: 670m Camp altitude: 2800 m

 Breakfast	Made by your team
 Lunch	Made by your team
 Dinner	Made by your team
 Accommodation	tent camping

Day 8. Trek ends at Ugyencholing Palace







Tahung 
16km - ⌚ 5h
Mesithang 
 10km - ⌚ 20m
Bumthang 

- After breakfast, we begin our escapade by crossing the **Tang Chu River**, another body of water filled with trout. On the shore stands the **Lhakhang of Tang Rinpoche**. We visit the lake of **Mebar Tsho** (or lake of fire), then resume our journey to the palace of **Tang Ugyencholing**.

Downhill: 230m

- From there we soon reach the road where our driver is waiting for us and brings us to our hotel in Bumthang.

 Breakfast	Made by your team
 Lunch	Zakhang (traditional restaurant) Made by your team
 Dinner	3 star hotel
 Accommodation	3 star hotel

Day 9. Drive to Phobjikha



Bumthang
 188km - 7h
Phobjikha

- In the afternoon we visit the **Gangtey Monastery** which overlooks wetlands surrounded by farms and natural forest areas, giving Phobjikha a sacred beauty. Then we hike for 1.5 hours along the **Gangtey natural trail**. This is one of the most magnificent short hikes in Bhutan. In the evening, we visit a **farm in a traditional village**.
- After breakfast, we head to the valley of **Phobjikha**, known for its vast wintering fields which serve as a refuge for the rare and endangered **black-necked cranes** in Bhutan.

Breakfast	3 star hotel
Lunch	Zakhang (traditional restaurant)
Dinner	3 star hotel
Accommodation	3 star hotel

Day 10. Explore Paro Town



Phobjikha
 214km - 7h
Paro

- In the afternoon, the choice is given to us between a relaxing at the hotel or an exploration of the neighboring villages.
- After breakfast, we will drive to Paro. On the way we will stop at **Lamperi Botanical Garden** which comprises of over 46 species of **rhododendrons**.

Breakfast	3 star hotel
Lunch	Zakhang (traditional restaurant)
Dinner	3 star hotel
Accommodation	3 star hotel

Day 11. Hike to Tiger's Nest



Paro

- After breakfast, we hike to reach the **Tiger's Nest**. It is the most picturesque icon and main attraction of Bhutan. **Taktsang Tiger's Nest** sits on the edge of a steep cliff, 300m above **Paro Valley**.
- We dedicate the day to an in-depth visit of Paro and its surroundings. In particular, we will admire several **dzong**, the Bhutanese fortresses.

We start with the Rinpung Dzong built in 1646 by **Shabdrung Ngawang Namgyal**, and continue to the Ta Dzong, a clock tower whose role was to protect the Rinpung Dzong during the inter-region wars in the 17th century. We then pass by the Kyichu Lhakhang, one of the oldest **holy shrines** in the kingdom and whose creation dates back to the 7th century. We end our day of discovery at Drukgyel Dzong, a fort erected in 1646, with a charming village nestled at its feet.

Breakfast	3 star hotel
Dinner	3 star hotel
Accommodation	3 star hotel

Day 12. Have a nice journey and see you soon !



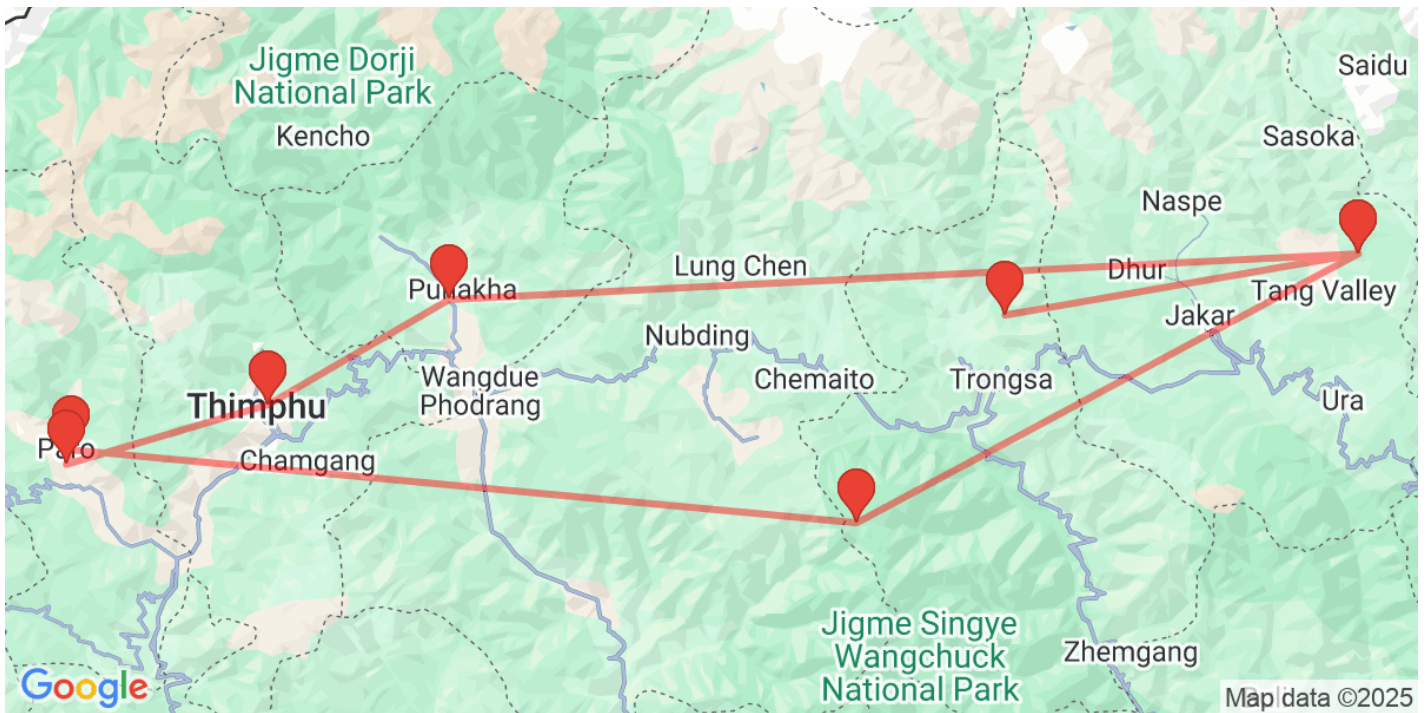
Paro Airport 📍

- We drive you back at the airport accordingly to your flight departure.

🍳 Breakfast

3 star hotel

Itinerary map



Individual price per person

1-2	3-8
4450 EUR	3850 EUR

Included

- Bhutan Tourist Tariff Royalty & Govt Surcharge
- Visa fees.
- All private excursions and transfers in superior air-conditioned vehicle.
- Local English speaking guide/tour leader.
- Experienced driver.
- Accommodation in 3 Star Hotel, highest standard government approved hotels & guesthouses.
- All meals in Bhutan.
- All entrance fees and permits.
- Tents

Not included

- All personal expenses such as bars, beverages, laundry, telephone and tips.
- Medical / Travel Insurance.
- Air-fare